

# RESUSCITATION CHART

# D

## DANGER

Use all senses to check for dangers to yourself, others and the patient. Ensure the area is safe. Move the patient only if the danger cannot be eliminated.



# R

## RESPONSE

Check for a normal response by talking to the patient, asking them their name and squeezing their shoulders  
**DO NOT move the patient if the injury is the result of a fall**



# S

## SEND FOR HELP

Send a bystander to call for help and an Ambulance as soon as possible

**DIAL 000** and ask for **Ambulance attendance.**



# A

## AIRWAY

Open mouth and check for foreign objects. If objects are present place in recovery position and clear airway with fingers.  
**DO NOT move patient if the injury is the result of a fall.**



# B

## BREATHING

Check breathing. **Look** for rise and fall of chest. **Listen** for breathing sounds. **Feel** for breaths on the cheek and for ribcage movement. If breathing is present keep the patient in the recovery position and monitor.



# C

## CPR

If no breathing is present commence CPR.  
Give **30 Chest Compressions to every 2 Breaths**  
@ 100 Compressions/minute.



# D

## DEFIBRILLATION

Apply defibrillator (if available) and follow the voice prompts or instruction on the device.  
AED - Automated External Defibrillator



**Continue CPR until responsiveness or normal breathing returns**